

Come to the kick-off of the **FREE** family walking program:

Ready ~ Set ~ Step

Participants will enjoy a special walk on the Delnor campus that pays tribute to the community helpers that keep us safe and healthy!

When:	Saturday, September 11th 1:00pm – 4:30pm
Where:	Delnor Health & Wellness Center, 296 Randall Road South Parking Lot & Walking Path
Information:	630.208.3999 or www.delnor.com



Meet many community helpers that keep us safe and check out their vehicles!



Ambulance ~ Fire Truck ~ Police Car ~ Forest Preserve ~ Security ~ School Bus



Also visit the Delnor Teddy Bear Clinic and meet local doctors, health professionals and friends while learning important healthy habits!

Sign up for Ready ~ Set ~ Step and Receive a free pedometer, a punch card and information about how to earn weekly prizes and get your family listed on the Delnor Walk of Fame!
